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## Aftercare Instructions for Ingrown Toenail Removal

Soak the affected foot/feet in warm water using Epsom salt for 15-20 minutes TWICE a day for the first week and then ONCE a day for the second week after the procedure.

Each time after soaking, apply Neosporin or Polysporin cream (NOT ointment) to the site.

Due to the acid used, you may experience some drainage or oozing and this is normal.

If you experience increasing pain, swelling, redness or drainage after the first week, please call the office. We will most likely prescribe an antibiotic for you to take.

If you have any questions or concerns, please call the office at 239-277-7070.